



The Shepherd's Rest Inn

VEGAN & GF OPTION MENU

STARTERS

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| Soup of the day <i>GF Bread</i> | 7.95 VE | King Prawns & Chorizo <i>Chilli, garlic & GF Bread</i> | 9.95 GF |
| Sauteed Garlic Flat Mushrooms <i>Parsley Oil, Toasted Ciabatta</i> | 8.95 VE | Steak Mince, Pork & Oregano Meatballs <i>Tomato & basil sauce, GF Bread</i> | 9.95 GF |

SANDWICHES – call be served on GF Bread

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| Hot Beef Brisket & Gravy <i>Crispy onions, salad</i> | 13.95 | Grilled Goats Cheese & Rocket <i>Red onion Marmalade</i> | 9.95 |
| Crispy Buffalo Chicken <i>Lemon & black pepper mayonnaise</i> | 12.95 | Vegan Sausage <i>Red onion Marmalade</i> | 10.50 VE |

MAINS

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| Vegan Sausage & Hand Cut Chips <i>Sautéed greens, red onion gravy</i> | 17.50VE | Beer Battered Cod & Hand Cut Chips <i>Homemade mushy peas & tartare sauce</i> | 17.95 GF |
| Vegan Burger <i>Heritage tomato salsa, salad & fries</i> | 15.95VE | Salmon Fillet, Hasselback Potatoes <i>Creamed spring cabbage, lemon oil</i> | 18.50 GF |
| Cauliflower Steak, Romesco Sauce <i>Charred peppers, tomato salsa, lemon oil</i> | 15.95VE | Double Chuck Steak Smash Burger <i>Bacon, cheddar, house slaw & fries</i> | 17.25 GF |
| Vegan 'Shepherd's Rest' Pie <i>Crispy potato top, sautéed greens</i> | 17.25VE | Chicken Supreme, Tangerine Glaze <i>Fondant Potato, Spring vegetable broth</i> | 18.50 GF |

All Steaks can be served GF and sauces/gravy's can be adapted to also be GF. Any vegetarian dishes are served with VE gravy, and we operate with a GF fryer and separate preparation area for any special dietary requirement.

DESSERTS

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| GF Raspberry frangipane tart, white chocolate sauce, cream | 8.25 |
| GF Chocolate brownie, chocolate sauce, vanilla ice cream | 8.25 |
| Vegan Chocolate & cherry brownie, vegan vanilla ice cream | 8.25 |
| Selection of ice cream & sorbet; one, two or three scoops with a wafer curl | 2.50 4.25 5.95 |
| Vegan Vanilla Mango & Passionfruit Sorbet VE Lemon Sorbet VE | |

V Vegetarian | VE Vegan | Please speak to a member of our team for full allergen information |
All prices inclusive of VAT.