



The Shepherd's Rest Inn

VEGAN & GLUTEN FREE OPTIONS MENU

STARTERS

Soup of the day	7.95 VE	King Prawns & Chorizo	9.95 GF
<i>GF Bread</i>		<i>Chilli, garlic & GF Bread</i>	
Sauteed Garlic Flat Mushrooms	8.95 VE	Venison Meatballs, Red Wine Reduction	10.25
<i>Parsley Oil, Toasted Ciabatta</i>		<i>Horseradish crème fraiche, blackberry jam</i>	GF

SANDWICHES – call be served on GF Bread

Hot Beef Brisket & Gravy	13.95	Grilled Goats Cheese & Rocket	9.95 V
<i>Crispy onions, salad</i>		<i>Red onion Marmalade</i>	
Pork Belly & Smoked Applewood Cheese	12.95	Vegan Sausage	10.50 VE
<i>Braised apple & chestnut red cabbage</i>		<i>Red onion Marmalade</i>	

MAINS

Vegan Sausage & Hand Cut Chips	17.50VE	Beer Battered Cod & Hand Cut Chips	17.95 GF
<i>Braised apple red cabbage, onion gravy</i>	GF	<i>Homemade mushy peas & tartare sauce</i>	
Vegan Burger	15.95VE	Salmon Fillet, Hasselback Potatoes	18.50 GF
<i>Heritage tomato salsa, salad & fries</i>		<i>Creamed savoy cabbage, lemon oil</i>	
Cauliflower Steak, Romesco Sauce	15.95VE	Double Chuck Steak Smash Burger	17.25 GF
<i>Charred peppers, tomato salsa, lemon oil</i>		<i>Bacon, cheddar, house slaw & fries</i>	
Tuscan Artichoke & Red Pepper Salad	15.95VE	Shepherds Rest, Shepherd's Pie	18.25 GF
<i>Roast peppers, walnut pesto vinaigrette</i>	GF	<i>Cheese topped mash, sauteed greens</i>	
Vegan 'Shepherds Rest' Pie	18.25VE	Barbary Duck Leg Confit	18.50GF
<i>Crispy potato top, sautéed greens</i>	GF	<i>Toulouse sausage white bean cassoulet</i>	

All vegetarian dishes are served with VE gravy.

All Steaks from our main menu can be served GF and sauces/gravy's can be adapted to also be GF.

We operate with a GF fryer and separate preparation area for any special dietary requirement.

DESSERTS

GF Raspberry frangipane tart, white chocolate sauce, cream	8.25
GF Chocolate brownie, chocolate sauce, vanilla ice cream	8.25
Vegan Chocolate & cherry brownie, vegan vanilla ice cream	8.25
Selection of ice cream & sorbet; one, two or three scoops with a wafer curl	2.50 4.25 5.95
Vegan Vanilla Mango & Passionfruit Sorbet VE Lemon Sorbet VE	

V Vegetarian | VE Vegan | Please speak to a member of our team for full allergen information |
All prices inclusive of VAT.